

## Get Active With Your Family at Terwillegar Community Recreation Centre

Are you and your family looking for a way to stay active? How about the Active Families event at Terwillegar Community Recreation Centre? Shoot hoops. Negotiate an obstacle course. Get moving with Zumba. There's even a jumpy castle! This fun-filled day has something for everyone.



**Date:** Sunday, November 24, 2013

**Time:** 10 a.m. to 6 p.m.

**Location:** Terwillegar Community Recreation Centre, 2051 Leger Rd NW

**Cost:** Regular admission rates apply

Active Families encourages families to make fitness a fun part of their daily routine. It encourages kids to stay physically active throughout their entire lifetime.

**For more information, please visit:**

[edmonton.ca/TCRC](http://edmonton.ca/TCRC)

[edmonton.ca/attractions\\_recreation/sports-recreation.aspx](http://edmonton.ca/attractions_recreation/sports-recreation.aspx)

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