

Celebration and Learning of Eckankar

Join Councillor Bev Esslinger and Eckankar representatives in a celebration of the Eckankar faith.

Date: Friday, December 6, 2013 **Time:** noon

Location: City Room, City Hall

Eckankar is a religious movement that focuses on spiritual exercises claimed to help enable practitioners to experience what its followers called *The Light and Sound of God.* The personal experience of this spiritual light and sound is a primary goal of the teaching. It claims to provide a personal, unique and individual spiritual inner path to understanding of self as soul and development of higher awareness.

This event is part of the City of Edmonton's <u>Celebrating Our Faiths</u> program, a joint initiative with the Edmonton Interfaith Centre for Education and Action. The program, which includes a displayat City Hall, aims to promote greater awareness of the city's diverse faith groups and enhance appreciation of Edmonton's cultural diversity. Since 2006, more than 18 different faiths have been featured.

The Eckankar display will be at City Hall through December 2013. Celebrating Our Faiths displays at City Hall are open to viewing on weekdays from 7 a.m. to 10 p.m., Saturdays from 9 a.m. to 5 p.m. and Sundays and holidays from 11 a.m. to 5 p.m.

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