

Public Service Announcement

January 16, 2014

City of Edmonton

Get moving with your family at Commonwealth Community **Recreation Centre**

Are you and your family looking for a way to stay active? How about the <u>Active Families event</u> at <u>Commonwealth Community Recreation Centre</u> on January 19, 2014? Race your way through the inflatable obstacle course. Shoot hoops in the gymnasium. This fun-filled afternoon has something for everyone!

Date: Sunday, January 19, 2014 Time: noon to 4 p.m.

Location: Commonwealth Community Recreation Centre, 11000

Stadium Road

Cost: Regular admission rates apply

Active Families encourages families to make fitness a fun part of their daily routine and encourages kids to stay physically active throughout their entire lifetime.

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