

Public Service Announcement

August 07, 2014

City of Edmonton

Cook with caution

Did you know that unattended or careless cooking is Edmonton's number one cause of residential fires? To help protect yourself, your family and your neighbours, Edmonton Fire Rescue Services would like to remind residents of a few easy tips for cooking safely.



- Never leave your cooking unattended, or use a stove while sleepy or intoxicated.
- Turn pot handles in when cooking, use rear elements when possible, and make a "kid-free zone" of at least three feet around the stove and food preparation areas.
- Be sure to avoid overloading your kitchen's electrical outlets with too many appliances; unplug anything not in use.
- Prevent cooking fires by keeping appliances free of flammable spills and grease, as well as removing flammable items like oven mitts, wooden utensils, food packaging or towels from the immediate area.
- Keep a lid or cookie sheet nearby when you are cooking to smother potential, small grease fires. Slide the lid or cookie sheet over the flaming pan, turn off the stovetop, and then leave the pan covered until it is completely cooled.

If you experience a kitchen fire, close the kitchen door (to help contain the fire), leave the house and call 911.

For more information:

Visit [Cooking With Care](#)

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