

Public Service Announcement

January 20, 2015

City of Edmonton

Mill Woods fitness centre reopens

The newly refurbished fitness centre and spin room at the Mill Woods Recreation Centre have reopened just in time for Edmontonians to fulfill their New Year's resolutions.

The City of Edmonton is committed to providing Edmontonians with quality facilities; proper maintenance ensures our patrons can enjoy facilities that are safe, secure and clean.

In addition to regular maintenance, upgrades include:

- New state-of-the-art equipment
- More free weight training zones
- New strength machines
- TV-enabled cardio machines
- Upgraded stretching area with new floor
- Open concept training studio overlooking the pool
- Upgraded electrical and internet connections to the fitness equipment

We are pleased to welcome our regular patrons and those newcomers who are looking to lead more active lives in 2015. Annual memberships are available at all City recreation facilities. For more information on facility hours and program schedules, please call 311 or visit edmonton.ca/recreationcentres.

Media contact:

[Claire Harvey](#)
Communications Coordinator
780-496-8771

3rd Floor, City Hall
1 Sir Winston Churchill Square NW
Edmonton, AB
T5J 2R7
www.edmonton.ca



Share:     

[Subscribe](#) | [Unsubscribe](#) | [Printer Friendly Version](#)

This email was created and delivered through [Industry Mailout](#)