

FootGolf scores a spot in Edmonton

The City of Edmonton's Rundle Park Golf Course has introduced FootGolf to Edmonton. Each Friday from 5-8 p.m., the golf course will become a FootGolf course where players can practice their footwork.

"FootGolf is one of the most exciting sports to come to North America!" says Donald McKay, President of the Canadian FootGolf Association. "A hybrid between soccer and golf, players enjoy the challenge of playing golf using a soccer ball and kicking it anywhere from 50 to 250 yards. It's the ideal way for people to mingle in a fantastic surrounding."



FootGolfers kick a size five soccer ball toward their goal—a large hole placed on the golf course. Winning players are those who need the fewest number of kicks to get from the tee to the hole.

This new and growing sport had its start fewer than 15 years ago and has attracted a large number of players in that short time. There are over 200 FootGolf courses in the United States and 31 courses across Canada.

"FootGolf is a new way to play a classic game," says Ken Ingoldsby, PGA Teaching Professional at Rundle Park Golf Course. "It's a game that can be played by those with varying skill sets and is accessible to sport teams and families alike. This sport is a great addition to Rundle Park Golf Course."

Players can get their kicks by booking FootGolf tee times four days in advance through the Rundle Park Golf Course Pro Shop: 780-496-4710. No online or 311 bookings are available at this time.

For more information:

[FootGolf at Rundle Golf Course](#)

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