

Youth Council hosts Mental Health Panel Discussion

Join the City of Edmonton Youth Council for a diverse and engaging panel discussion on factors that influence the mental health of Edmonton youth. The event will be kicked off with greetings from Councillor Andrew Knack.

Date: Tuesday, May 31, 2016 Time: 5:30 p.m. to 7:30 p.m. Location: City Hall, 1 Sir Winston Churchill Square Cost: Free

The discussion will be moderated by Dr. Glynnis Lieb, executive director of the Lieutenant Governor's Circle on Mental Health and Addiction. The panelists include:

- Margot Jackson, nursing professor, University of Alberta
 Dr. Rebeccah Marsh, director of evaluation & research, Child, Adolescent and Family Mental Health (CASA)
- Gina Chan, high-school counsellor
- Thomas Holmes, psychologist, principal and Coordinator of Learning Support and Outreach, Sturgeon School Division
- Tracy Johnson, mental health educator, Canadian Mental Health Association
 Linh Lu, Youth Outreach Coordinator, Pride Centre of Edmonton

Based on the themes of the panel discussion, the City of Edmonton Youth Council will deliver an informative report to City Council and, if appropriate, with recommendations to ensure Edmonton youth are receiving adequate mental health support.

For more information:

#YEGYouth Mental Health Panel Discussion

Media contact:

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